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United Eritrean-American Families of Dallas, Inc.
10455 N. Central Expy, #109, Box 227
Dallas, TX 75231

The Eritrean Community- Diabetes check and screen by Eden Tsegay:

She is planning to do the following during the Eritrean Community Picnic time:

1. Give basic diabetes self management education based on time availability.
2. Random blood glucose check for the first 50 people with diabetes.
3. Random blood glucose screen for another 50 adults age 30 and above mostly those with first degree family history and based on people show up.
4. She has about 50 DVD to give away. This is about Living with Diabetes: what you need to know. This will be for people with diabetes. She also has about 30-40 DVD about starting on insulin.
5. She will bring information about healthy eating guidelines and some information related to health. I think this will be enough for this event and will get some idea to prepare for the future.



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The Eritrean Community of Dallas Fort-Worth is inviting all Eritreans to join us at the annual Picnic Barbecue party. Come and have fun together at the Flag Pole Hill Park on the 4th of July 2013.

invited you

to
eritrean american of dfw
4th of july picnic

@ flag pole hill
northwest highway & buckner blvd
dallas tx 75238

thursday 4th july
@ 4 pm

for info call 214 994 7725 & 469 688 1690